

February Growing Guide

Summer is a fantastic time to get out into the garden, with plenty of produce ready to harvest and lots more that can be planted.

Keep in mind with the weather still warm, it's a good idea to get out in the morning to give your garden a good watering and spend some time maintaining the space (and yes that means weeding!).

HERBS

It's a great time of year to add to your herb collection, with lots of hearty options able to withstand the warm weather, such as:

- Coriander
- Parsley
- Thyme
- Chilli
- Watercress
- Basil

VEGGIES

February marks an important month to start preparing for your autumn patch, by sowing seeds of veggies such as broccoli, leeks and cauliflower. There are also still plenty of seedling options that are ready to plant now, such as:

- Lettuce
- Spinach
- Beans
- Radish
- Silverbeet
- Sweetcorn

For more growing resources, head to:
www.foodfromhome.org/resources/

