

March Growing Guide

Summer is officially over, and with the on-set of autumn it is time to start planning ahead for the cooler months! Once you have cleared out your summer crop, there is lots to get growing in March.

HERBS

- Chives
- Parsley
- Mint
- Thyme
- Sage
- Rosemary
- Coriander
- Oregano

VEGETABLES

This marks a good time to directly sow seeds of **carrot, broad bean, beetroot and radish** into the soil.

Veggie seeds that should be planted indoors in seed trays and then gradually moved to the garden include:

- Broccoli
- Cauliflower
- Kale
- Spring onion
- Leek
- Spinach
- Cabbage
- Brussel sprouts

For more growing resources, head to:
www.foodfromhome.org/resources/

