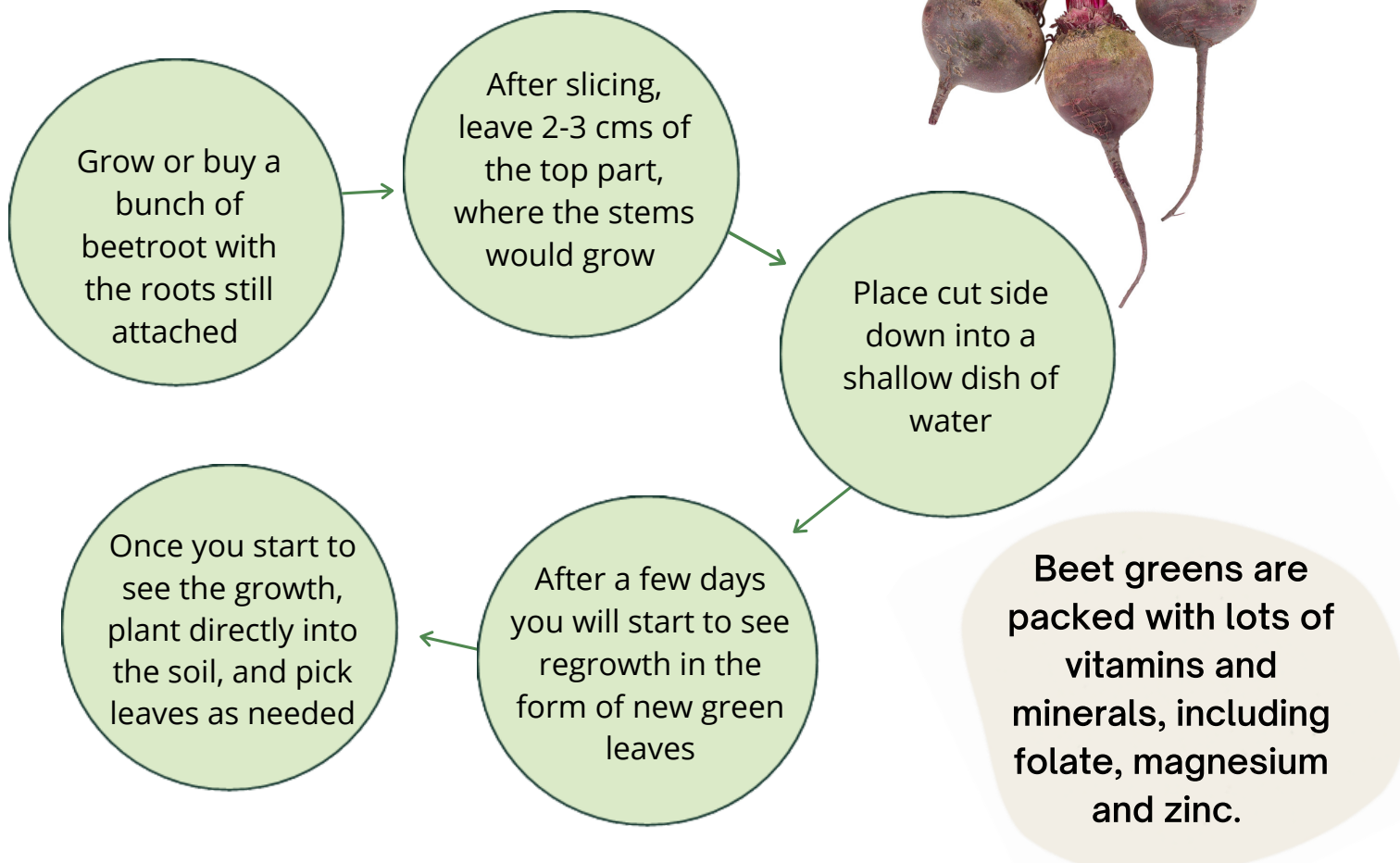


Regrowing Beets

Re-growing beets from scraps is easy, and provides fresh greens that are ready to add to any fresh salad or sautéed in a stir fry! Keep in mind the beetroot bulbs will not grow back, but you will have access to plenty of green leaves.



For more growing resources, head to:
www.foodfromhome.org/resources/

