

Regrowing Onions

Onions are one of the easiest vegetables to grow from food scraps. Simply save the bottom of the onion and follow the below process to grow your own onion from home!



Cut the bottom of the onion, leaving about 1-2cm above the root.

Leave for a couple of days to dry in shaded cool area.

Once the root has dried out, place it into soil, cut side up.



Harvest green shoots or continue growing for 3-4 months for new onion bulbs.

Cover the onion with a light layer of soil (3-5 cms deep) and water well.

