

# Regrowing Chinese Cabbage



Cabbage is super easy to regrow from scraps and if looked after correctly, will grow to its full size!

It's also a good option to grow in the cooler months, as it can tolerate the Melbourne chill!

Cut the bottom part of the cabbage, leaving about one quarter from the bottom

Place the bottom of the cabbage into a shallow dish of water

Keep changing the water daily and watch as your cabbage starts to grow new leaves

Continue watering the plant and it will grow to be a full size cabbage. Cut and use the leaves as desired

Around day 5, transfer your cabbage into soil so that it can continue to grow

